



BISHOP
GROSSETESTE
UNIVERSITY



PSYCHOLOGY.

RATED GOLD

*Highest possible rating in the first ever
Teaching Excellence Framework*

98% GRADUATE EMPLOYABILITY

*Over 98% of our students are in work or further study within 6 months of graduating.
Destinations of Leavers from Higher Education survey, 2015/16*

HAPPY STUDENTS

*We have consistently high satisfaction levels
in the National Student Survey*

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WELCOME TO BGU.



As Head of the School of Social Sciences, I'd like to thank you for expressing an interest in studying Psychology at Bishop Grosseteste University (BGU).

Psychology is an amazing discipline to study at university. Through studying Psychology at BGU you'll gain an in-depth understanding of the scientific nature of the subject and of its wider cultural and social impact. You will develop your understanding of psychology and its theories of the mind, emotions and behaviour and become familiar with how these theories are applied in our lives, communities and societies.

The School of Social Sciences at BGU is lively and diverse. It incorporates a broad range of other subjects besides

Psychology, including Counselling, Early Childhood Studies, Education Studies, Health & Social Care, Mathematics, Professional Studies, Special Educational Needs & Inclusion, and Sport. Our staff are appointed to teach across a growing range of courses at undergraduate and postgraduate levels, including such Masters disciplines as Health & Social Care.

The core mission of the School of Social Sciences is to help build and shape professionals who will make a significant difference to people's lives, health and wellbeing, as well as to our communities and society as a whole. The school will achieve this by developing an inspiring and supportive learning and research environment for students and staff, along with developing partnerships with key

stakeholders, the local community and accrediting professional bodies. The school aims to be the best School of Social Sciences at a small and specialist university in the country.

I hope that you find this guide useful, and that you will consider joining us soon. I look forward to welcoming you to BGU.

Warmest Regards,

Dr Graham Basten,
Head of School of Social Sciences

WHY BGU?



Here at BGU we've been educating students in the historic heart of the City of Lincoln for over 150 years. We're located on a beautifully green and pleasant campus just a few minutes' walk from Lincoln Cathedral, Castle and the old Roman city. We're set on a single-site campus, so just about everything you need is close by, whether it be your tutors, your friends, your lectures or the places in which you like to relax.

We're exceptionally proud of the fact that, over the past 150 years, our commitment to first-class education has remained consistent. Our students are some of the happiest in the UK, which is incredibly important to us. We really care about our students and aim to support them

all of the way through their studies, from application to graduation. Life after BGU is extremely important and we offer many different methods of support for your future career along the way. This, alongside our talented graduates, is one of the reasons that we consistently achieve such impressive employability figures – currently over 98% of our students are in work or further study within 6 months of graduating. This is great news for our students who can study at BGU knowing that their education is in safe hands!

We are rated Gold in the first ever Teaching Excellence Framework (TEF) assessment, one of only a handful of universities from across the UK given the top award. The judging panel, made up of independent experts

from across the country, stated that we deliver consistently outstanding teaching, learning and outcomes for our students.

There's no better way to really get a feel for what BGU has to offer than by coming to visit us. We have a whole host of open days and other events running throughout the year. To book your place now visit

www.bishopg.ac.uk/opendays



PSYCHOLOGY.



Do you ever wonder why is it we behave as we do? How do gangs, teams and friendship groups form? Do you wonder if smiling really does make you feel more positive? Do you often venture into the bigger questions about life and who we are?

Psychology has a science base, yet includes a balance of liberal arts, technological knowledge, statistics and computer-based skills. As well as classic psychological theories and research, you'll be debating social issues, studying specific mental processes, such as memory, language and attention, as well as broader issues and theories – both historical and contemporary. As well as applying psychological knowledge to a range of subjects, you will

develop your skills in problem solving, data analysis and predicting and reasoning, with a focus on real-world application.

Here at BGU, we ensure you have close support and contact with your tutors and, with small group sizes, you'll always get the support and feedback you need. We also know how important it is to experience a real working environment so, through work placements and other projects, you'll be equipped for whichever career path you may choose after your degree. With research-informed teaching and research-active staff, you'll receive scientific training and gain an in-depth understanding of the nature of the subject, at the same time as applying your knowledge and theory

to real-life.

Our BA Degrees in Psychology are accredited by the British Psychological Society (BPS) as conferring eligibility for Graduate Membership of the Society with the Graduate Basis for Chartered Membership, provided the minimum standard of qualification of Second-Class Honours is achieved and the empirical psychology project is passed. This is the first step towards becoming a Chartered Psychologist and/or Practising Psychologist.

KEY FACTS

Award:	BA (Hons) Single or Joint Honours
Duration:	3 years
Start date:	September
Typical offer:	112 UCAS tariff points
Institution code:	B38
Academic School:	School of Social Sciences

For full details of all of our courses, including combinations, modules, entry requirements and much more, visit www.bishopg.ac.uk

WHAT WE OFFER.



OUR TEACHING METHODS

There is no one-size-fits-all method of teaching at BGU - we shape our methods to suit each subject and each group, combining the best aspects of traditional university teaching with innovative techniques to promote student participation and interactivity.

You will be taught in a variety of ways, from lectures, tutorials and seminars, to practical workshops, coursework, work-based placements or even laboratory classes. Small group seminars and workshops will provide you with an opportunity to review issues raised in lectures, and you will be expected to carry out independent study.

Placements are a key part of degree study at BGU. They provide an enriching learning experience for you to apply the skills and knowledge you will gain from your course and, in doing so, give valuable real-world experience to boost your career.

ASSESSMENT

Assessments in Psychology take place at the end of each module in order for you to demonstrate your understanding of the objectives covered. A wide range of assessment methods are used to support your learning, including portfolios, presentations, displays and examinations and laboratory projects. The Psychology course includes assessments that are designed to develop and refine specific skills

that you may well need to draw on as a psychologist, whether that is as specific as demonstrating your practical counselling skills in the Introduction to Psychological Therapies module, or openly argumentative as in the group debate in the Personality and Individual Differences module! Assessments are also designed to enhance your critical thinking and analysis skills – something that psychologists are well known for.

LEARNING SUPPORT

Studying at BGU is a student-centred experience. Staff and students work together in a friendly and supportive atmosphere as part of an intimate campus community. You will know every member of staff personally and feel confident approaching them for help

and advice, and staff members will recognise you, not just by sight, but as an individual with unique talents and interests. We will be there to support you, personally and academically, from induction to graduation, and beyond.

WHAT YOU WILL STUDY.



At BGU, you can study Psychology as a single or joint honours degree, giving you an in-depth knowledge of the subject. Depending on your year of entry, options and any potential course combinations, you may study some or all of the following modules in Psychology.

For full details of all of our courses, including combinations, modules, entry requirements and much more, visit www.bishopg.ac.uk



“Definitely my favourite part of my psychology course is our module on narcissism and psychopaths. We’ve learned about what makes people tick and why they do the things they do, basing our work on real life examples. Knowing about this module was definitely a huge draw for me to BGU. I’ve always wanted to study this area and the course has not disappointed.”

Rebecca

OUR MODULES.

FIRST YEAR

Understanding Human Cognition and Development

The aim of this module is to introduce you to the scientific study of human cognition and its development. You will be introduced to some of the ways psychologists study human development, including observational and experimental procedures, longitudinal, cross-sectional, correlational methods and psychometric testing.

Foundations of Biological Psychology

The aim of this module is to introduce you to the scientific study of biological psychology. You will be introduced to some of the ways psychologists study biological processes, and debate the main findings and claims of research in biological psychology.

Introduction to Psychological Therapies

This module introduces you to the field of psychological therapies and the theories on which these are based. Introductions are given as to what counselling and therapy is, how these relate to other areas of psychology such as developmental, clinical and educational psychology; where counselling takes place; different client groups; the history of therapy from its beginnings through to modern day; contemporary issues faced by practitioners and the inter and intrapersonal skills counsellors use.

Introduction to Lifespan Development

You will learn about biological, physical and psychological changes that occur as we age. Four broad issues will help form the basis of your understanding: the role of nature and nurture; critical and sensitive periods; continuity versus discontinuity and stability versus change.

OUR MODULES. (CONT)

SECOND YEAR

Historical Roots & Contemporary Branches of Psychology

In this module, you will be introduced to some of the experiments and studies carried out by both classic and contemporary thinkers in the field, and debates will identify and consider the broader relevance of these experiments and studies on the international as well as home context. You will be guided to think critically about how we look upon the past, and how we can avoid ahistoricism in our evaluations.

Psychology in the Arts and Communities

The aim of this module is to introduce you to the study of the role of artistic expression in our wellbeing and communities. You will be introduced to some of the ways psychologists study arts in health and the underlying theories used.

Understanding Personality and Individual Differences

This module will introduce you to the scientific study of human personality and individual differences. You will be introduced to some of the ways differential psychologists study, measure and assess areas such as intelligence; intellectual ability; creativity and atypical personality traits and personality disorders.

Professional Contexts

This module is structured in an open-ended way to allow placements and/or projects to be developed which are most suited to your potential future careers and to respond to opportunities presented by employers. Working with your appointed tutor, drawing on shared and individually sourced resources, you will be allocated an appropriate placement or project which will enable you to meet the learning outcomes and to have a valuable experience of a real-life work-related situation.

Applied Psychology

The aim of this module is to provide you with the opportunity to gain and develop academic and transferable skills relevant to the discipline of Psychology and its applications. A further set of aims are to help you further develop a career plan and to consider your own strengths and areas of interest within applied psychology and to be responsive to ethical considerations in the conduct and application of psychology.

Measuring and Interpreting the World

Through a series of themes you will examine different aspects of quantitative enquiry, including, for example: the origin, meaning, interpretation and application of areas such as statistical data, raw data extraction and manipulation, correlation and deviation, inference and interpretation and graphic representation. You will consider the design, relevance, application and value of particular quantitative and statistical methods in relation to applied, global issue study contexts.

OUR MODULES. (CONT)

FINAL YEAR

Advanced Qualitative Research Methods in Health and Wellbeing

The purpose of this module is to introduce you to the theory and application of qualitative research to health. The module will gradually take on a more practical focus as you apply the theory to your own mini-research projects and develop questions, design methodology and handle data.

Psychology in Organisations

The module aims to provide you with opportunities to acquire knowledge and understanding of organisational psychology theory and research, and to develop relevant academic, research, and communication skills. The programme also aims to enable you to develop an awareness of professional and contextual issues relevant to the practice of psychology in workplace environments.

Psychology in Society

This module will enable you to deepen your understanding and knowledge of the scientific study of human development and its connections with human behaviour and interaction in society. You will be introduced to new theories, experiments and interventions, enabling you to gain a deeper and more complex understanding of the ways in which theory in social psychology is applied to understanding and designing interventions with children, young people, adults and communities.

Independent Study

The syllabus will focus on equipping you to undertake a small-scale research project. You will be directed towards making informed choices concerning topic, sample, recruitment, methodology and analytical techniques with a minimal amount of guidance and support in order to reach valid, reliable and sensible conclusions.

Psychological Therapies: Theory, Practice and Directions

This module leads you towards a greater critical understanding of the role of psychological therapies in addressing human experiences of distress in an international context, questioning the modalities and their interface with a range of cultures; settings and religions. There is a high emphasis on critical personal reflection and analysis, and on further developing counselling skills.

Individual Study

There will be a focus on extending your knowledge of the core areas of psychology, namely cognitive, developmental, biological and social, through a series of lectures and analysis of papers in each area, and on equipping you to undertake a small-scale research project in an area and topic of your choice. Specific guidance will be given on topic selection and for the analysis of data and writing-up.

CAREERS AND EMPLOYABILITY.



Over 98% of our students are in work or further study within 6 months of graduating. This is great news for you as it means that you can study for a degree knowing that your future is in safe hands. Our employability rates are consistently high and are very important to us here at BGU, which is why we offer placement opportunities as an integral part of our courses.

In Psychology we allow you to develop the knowledge and skills which will make you attractive to an employer. Psychology graduates go on to work in a range of sectors including teaching, education or training, local government, health and social work and in areas of industry including human resources

management. By the end of this course, you will be ready to apply your knowledge of psychology to the world in which you live, with the necessary workplace skills for a variety of future careers. Future careers for Psychology graduates may include work within Clinical settings, Counselling, Mental Health services, Education and Research.

Information taken from Destinations of Leavers from Higher Education survey, 2015/16.



“ I feel that BGU will help me greatly in my future career due to the great course I am on, the support offered in finding employment and the distinguished reputation the university has.”

Connor

WHAT OUR STUDENTS THINK.



The thing I enjoy most about my psychology course at BGU is the fact it's such a diverse learning experience. Since being on my course I've got to know a lot of new people and learnt a lot of new things about different aspects of thinking that I didn't know before. I couldn't pick a favourite module as I've enjoyed them all. If I had to pick one it would be the statistics module I've specifically liked as I've enjoyed maths my whole life.

I studied psychology at A Level and I really enjoyed it. I enjoyed learning about different research, different ways of thinking and different ways of behaviour, and that made me want to continue my studies in it at degree level. When I graduate I want to continue on with education and do a Master's degree and hopefully a PGCE, which will give me a wide range of options for my future career.

I think BGU will help me achieve my future goals because of the academia and the tutors who are always there for you. That's helped by the fact it's a small university so you get the opportunity to have one to one time with your tutors. They are always handy on campus to help."

Leah

"I couldn't pick a favourite module as I've enjoyed them all."



WHAT MAKES A BGU STUDENT STAND OUT.



TEACHING EXCELLENCE.

Our teaching has been awarded the highest possible rating in the first ever Government-led Teaching Excellence Framework (TEF) assessment, a rating which was awarded to just the top 26% of universities in the UK. This shows that you will receive the same high standard of education at BGU as you would at other leading universities such as Cambridge and Oxford.

We've always strived to provide outstanding teaching and learning here at BGU and now we have the award to prove it. This means you can rest assured that coming to study at BGU will provide you with education of the highest quality possible.

The judging panel recognised and highlighted BGU's strengths in all three elements of the TEF – namely teaching quality, the learning environment and student outcomes. Their written statement praised BGU's “personalised approach with high quality support” and commented on the outstanding support that is available at BGU which ensures “that students from all backgrounds achieve excellent outcomes”.

We're incredibly proud of this recognition of our teaching excellence, and will continue to provide a first-class education to all of our students.

TEF Gold



WHAT MAKES A BGU STUDENT STAND OUT.



EMPLOYABILITY.

BGU has consistently high employability rates. Currently over 98% of our students are in work or further study within 6 months of graduating. Of course, we think our students are fantastic from the minute they arrive on campus, but we aim to offer as much support as we can throughout their time here in order to help make them as employable as possible.

Our courses are tailored to help prepare you for life after graduation. This could be through placements in settings relevant to your field, or through one-to-one support time offered within the university. We also try to keep our class sizes smaller, to allow you a more personalised learning experienced.

We offer students the chance to participate in our Employability Award, which is designed to help you become fully prepared for the working environment by the time you graduate, gaining valuable experience along the way. You earn points by participating in additional work experience, volunteering, part-time and vacation work, attending relevant employability award workshops and lectures, and taking part in on-campus activities.



“ During my time at BGU, I have vastly developed and improved the way I study and the skills I have, both through my degree course and also my involvement with the Students’ Union. The availability of employability and study skills sessions, along with the incredible support I received from members of academic and support staff at BGU was unbelievable. Looking back on my time at BGU, the help I received while I was there was a major part in me being able to go on to have a successful career.”

Rob

WHAT MAKES A BGU STUDENT STAND OUT.



HAPPINESS.

Here at BGU our students are amongst the happiest in the UK, and they love studying here – proven by the fact that we have consistently high ratings for student satisfaction in the National Student Survey. We think there are a number of reasons as to why our students are so happy. It could be down to the excellent facilities they have right here on campus, the support they receive from before they've even started studying here, or the fact that they continue to receive that support up until graduation and beyond!

Right here on campus we have a wide range of facilities, ranging from our very own cinema, cafes and a gym through to subject-specific state-of-the-art facilities, such as the brand new Archaeology lab and the Business hub (not to mention

our theatre, Human Performance Laboratory and much more besides). Our students enjoy full use of these facilities throughout their studies here with us and we are always looking to improve our campus and what we have to offer.

We really care about our students, so we aim to support them all the way through their studies, from application to graduation. Life after BGU is extremely important and we offer many different methods of support for your future career along the way.



I've been here two and a half years and it's gone by so fast. I've enjoyed it so much! I wish that I could just rewind it or press pause!"

Ricky

WHAT MAKES A BGU STUDENT STAND OUT.



LINCOLN.

We know Lincoln very well – we have been here in the historic heart of the city for over 150 years after all! From its charming cobbled streets uphill to its modern waterfront downhill, Lincoln has so much to offer students. The history enthusiast can immerse themselves in the city's rich heritage, the bargain hunter can trawl the independent shops and boutiques, the food-fanatic can dine at the many restaurants and bistros – there really is something for everyone!

Lincoln is a unique city – the Romans thought so when they set up camp here over 2,000 years ago and we tend to agree with them (although we're probably a little biased!). In recent years, the city has matured into a thriving cultural hotspot – a heady mixture of old and new, historic and contemporary,

traditional and cutting edge. And most importantly, it's also extremely student-friendly. With students making up a significant proportion of the population of the city you can be sure that when you arrive here you'll be in good company. Lincoln is in the heart of England in the East Midlands, ideally placed to give you easy access to the rest of the country.

The city is really easy to navigate around on foot and is essentially split into two halves. The uphill historic area boasts beautiful cobbled streets, the majestic Cathedral, hilltop Castle and BGU.

Downhill is the more modern city centre, focused around the busy High Street and Brayford waterfront. With a variety of live entertainment venues, cultural attractions and nightlife hotspots across the city, you'll be sure to find plenty to keep you entertained.



I think Lincoln is really diverse - you have the great contrast between historic and modern. It's nice because the historic part is really interesting but you've also got the modern parts which are great for shopping and relaxing. There's lots of student things going on because there are so many students here, because of the two universities. It makes it a nice atmosphere. It's not a huge and daunting city - it's quaint."

Emma

OUR CAMPUS.



We're very proud of our campus. We've been here for a very long time, developing and growing with the city around us. We continually look to make improvements to ensure BGS is an excellent place in which to study, live, work and relax. In recent years, we've built upon and reimagined many elements of our campus to ensure that your time with us will be as stimulating, interesting, relaxing and rewarding as possible.

Some of our buildings date from the 1840s and are still in use today. We complement these fine Victorian buildings with brand new teaching and learning spaces, providing an enticing mix of the old and the new, the intimate and the expansive. Our modern library and brand new state-

of-the-art teaching rooms will ensure that you have the best facilities possible for your studies here.

But, of course, the academic side of things is only one part of studying for a degree. You also need to make sure that your university can satisfy your hunger, thirst and entertainment needs - fortunately, we've got that covered! With places on campus to eat, drink, relax, meet friends, socialise, watch the latest films and exercise, we certainly manage to pack a lot into our campus to keep you busy!



The campus is really nice. It's quite small, but you've got a cinema, you've got restaurants, you've got everything you need. Last year I never left! I can go weeks without leaving campus!"

Shannah

WHAT HAPPENS NEXT?



OPEN DAYS.

So you've found a course you're interested in - what next? We feel very strongly that coming along to visit us on an Open Day is the very best way to find out everything about BGU.

A BGU Open Day is designed with you in mind, to give you a taste of what it's like to live, study and work here. We try to make everything as easy as possible for you, so you can relax and enjoy the day. You'll have the chance to explore the campus and surrounding area, speak to members of academic staff about the courses you're interested in, look around our accommodation, and get any questions you may have answered.

Book your place on our next Open Day now - visit www.bishopg.ac.uk/opendays

If you think you'd like to apply, need more information or just want to speak to somebody about your options, contact our Enquiries team by calling **01522 583658** or emailing enquiries@bishopg.ac.uk



Ready to apply? Brilliant. We can't wait to receive your application! For the majority of our courses you will apply through UCAS – visit www.bishopg.ac.uk for all the information you will need. And don't worry – if you need help with anything, from UCAS scores to personal statements, we're here to help. Our dedicated team are ready to answer your queries and questions.

“Lincoln is a nice place for students for two reasons – the environment and the local people. Even though Lincoln is small, it offers everything I need – I like that everything is in walking distance. In addition, the people here are friendly and helpful and they are always willing to talk to me or help me. As an international student here, I have never felt isolated or bored in Lincoln. I would definitely say that the staff make BGU different. Honestly, all the staff at BGU are amazing! They are not only professional but also very helpful and kind. The staff here are willing to do their best to help me. I remember once a teacher asked me the difference between BGU and the other university I went to in the past – I said ‘BGU is like a loving family’. As an international student, I could not ask for a better studying experience abroad. I am grateful studying at BGU, and the great memories that I have here will last for a lifetime.”

Xian

The contents of this booklet are correct at the time of going to print (March 2018). For full and up-to-date information on all of our courses, visit www.bishopg.ac.uk

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