



INDOOR GAMES: LEAPFROG

HOW TO PLAY:

1. Clear an open space to start. Then grab some cushions or clothes to use as obstacles, and lay them out across the floor. Make sure they are not too far apart from each other.
2. When they are all laid out, start to cross! Crouch down like a frog, and start leapfrogging the obstacles.
3. Pretend the ground is mud, so you need to keep moving quickly to avoid getting stuck! Keep hopping across the obstacles to get to the other side.
4. Invent a different challenge for each time you cross. You could try timing yourself to see how quickly you can get across, or try making the journey in as few hops as possible. Get creative and keep active!

