



BISHOP
GROSSETESTE
UNIVERSITY

Sport

BA/BSc (Hons)



Why study at BGU?

We're one of only a handful of universities in the UK to have been awarded a TEF GOLD award for the excellent quality of our teaching

Our student accommodation has been ranked 6th in the UK by student reviews on WhatUni in a recent survey

97% of our students are in work or further study within 6 months of graduating, and our careers team will support you long after you graduate

Our self-contained campus is a safe and secure environment in which to live and study, and Lincoln is an extremely student-friendly city



Hello

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Sport at BGU

During the study of Sport at BGU you will gain understanding in the complexities of this subject, including; the development of sport; how performance can be enhanced and how it can be managed and led. This course is designed to develop your knowledge and understanding of the sport, physical education, learning and teaching and education.

Alongside these three areas, you can expect to cover contemporary themes that develop from year to year. You'll explore the effects of exercise on the body, looking at a range of physical activities in different social groups – from high-level sports performers to young children. As you'd expect, this

course also contains a great deal of hands-on experience, where you'll learn how to use your skills to inspire others to be more active and to excel at sport and exercise.

You'll be researching and interrogating recent issues and looking at conflicting ideas and opinions, as well as being encouraged to hone your coaching, leadership and teaching skills through practical exercises, field trips, laboratory work and placement opportunities. In Sport, we think you should experience intellectual excitement and enjoyment, knowledge and practical skills relevant to your chosen career and as much freedom as possible to explore your personal interests.

For full details of all of our courses, including combinations, module details, entry requirements and much more, visit bishopg.ac.uk/courses





“

I've had plenty of opportunities to put what I've learned into practice, particularly during my placement with Gainsborough Trinity Football Foundation. I was out working in the community using sport to support children with difficult home lives. The goal was to give them an activity that motivated them and kept them out of trouble.”

Ryan

Education Studies and Sport

KEY FACTS

AWARD: BA (Hons)
Joint Honours

DURATION: 3 years full-time

START DATE: September

TYPICAL OFFER:
96 – 112 UCAS tariff points

INSTITUTION CODE: B38



“

I really enjoyed my placement in sport as it lead to a part-time job with a local company.”

Zak

Education Studies and Sport

Sport modules

At BGU you can study Sport as a **joint** honours degree, giving you an in-depth knowledge of the subject. Depending on your year of entry, options and any potential course combinations, you may study some or all of the following modules in Sport at BGU.

For full details of all of our courses, including combinations, module details, entry requirements and much more, visit bishopg.ac.uk/courses

Year 1

Young People and Physical Activity

During this module, you will gain theoretical and practical understanding of the physical, social and psychological benefits of physical activity for young people. Through investigating physical activity prescriptions, levels and key exercise interventions, you will also gain a breadth and depth of understanding of the barriers young people face towards exercise and physical activity.

Sport and Physical Education

This module will include a study of the nature of sport in education and will provide an introduction to the application of Physical Education (PE) in a variety of educational settings. You will be introduced to key issues in PE such as inclusion, assessment, cross-curricular learning, citizenship and lifelong learning.

Year 2

Professional Contexts

This module is deliberately structured in an open-ended way to allow placements and/or projects to be developed which are most suited to your potential future career. Working with your appointed tutor, you will be allocated an appropriate placement or project which will enable you to meet the learning outcomes and to have a valuable experience of a real-life work-related situation.

Sports Development, Promotion and Leadership

During the course of this module, you will learn about the theories of sports development and will explore and evaluate policies that guide its direction. Leadership within local authorities, governing bodies and voluntary organisations will be examined alongside the practicalities of policy implementation at a national, regional and local level.

Learning Through Sport and PE

You will learn about the evolution and development of the PE National Curriculum, lesson planning, practical organisation and differentiation in the physical environment. The module aims to introduce a range of teaching strategies, which can be used in PE and will provide the opportunity for you to create an appropriate teaching environment for learners to acquire physical, emotional and social skills.

“

One of the best things about the sport course is the diverse range of topics. We've covered everything from skin tests and sport in the national curriculum to how sport relates to contemporary issues. I've also had the opportunity to go on a number of placements - one in particular was great because I got to join an organisation going into schools and delivering specialist sport sessions.”

Dan
Sport





Year 3

Independent Study

The module will focus on equipping you to undertake an ethically approved research project. During this module you will follow your methodology, carrying out data collection before performing the analysis and discussion of results, resulting in a sustained piece of work.

Contemporary Issues in Sport and Physical Education

This module will include a study of the contemporary social, cultural, political and ethical issues in sport and physical education. The focus of the module will vary according to changing issues in the sporting world, and you will be given the opportunity to explore, research, discuss and critically evaluate a particular contemporary issue from within your chosen theme.

Measurement and Evaluation in Sport and Exercise

Through analysing different types of sport and exercise activities, you will be able to apply physiological and psychological principles to practical situations ranging from exercising for health to physical training for enhanced athletic performance. You will have opportunity to work in groups and will conduct an investigative project to examine the reliability and validity of a specific measurement protocol or technique.

What we offer

Delivery

There is no one-size-fits-all method of teaching at BGU – we shape our methods to suit each subject and each group, combining the best aspects of traditional university teaching with innovative techniques to promote student participation and interactivity.

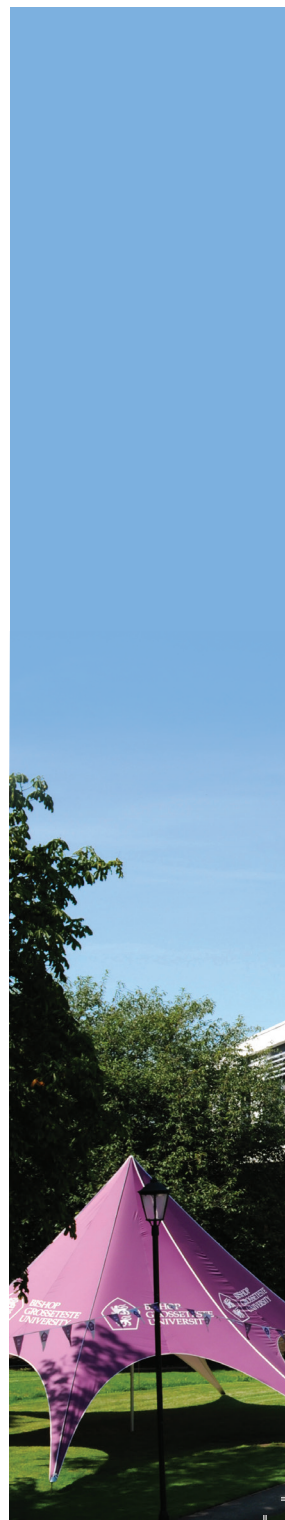
You will be taught in a variety of ways, from lectures, tutorials and seminars, to practical workshops, coursework and work-based placements. Small group seminars and workshops will provide you with an opportunity to review issues raised in lectures, and you will be expected to carry out independent study.

Placements are a key part of degree study at BGU. They provide an enriching learning experience for you to apply the skills and knowledge you will gain from your course and, in doing so, give valuable real-world experience to boost your career.

Assessment

We recognise that individuals come from a wide range of backgrounds and experiences, so we use a variety of assessment strategies on our courses.

In Sport, we use a variety of imaginative approaches to assessment that enable you to utilise your strengths. Over the course of your studies, you could expect your assessment to include presentations, multimedia reports, displays, portfolios, individual research projects, essays, exams and work in the Human Performance Laboratory. We recognise that individuals come from a wide range of backgrounds and experiences, and accordingly use a wide range of assessment strategies. You can expect to be guided and supported carefully in your first year, gradually becoming more independent as the course progresses.



Support

Studying at BGU is a student centred experience. Staff and students work together in a friendly and supportive atmosphere as part of an intimate campus community. You will know every member of staff personally and feel confident approaching them for help and advice, and staff members will recognise you, not just by sight, but as an individual with unique talents and interests. We will be there to support you, personally and academically, from induction to graduation.

“

Getting to experience multiple coaching and volunteering opportunities, in many different and inclusive sports – Goalball, Tag Rugby, High-Five Netball and Wheelchair Basketball – to name but a few.”

Laura

Sport, Coaching and Physical Education



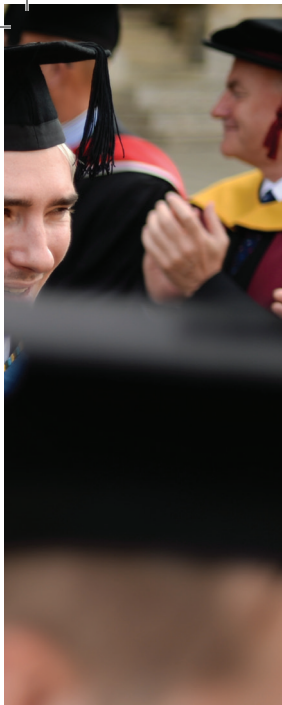


Your future

Our students have excellent rates of employability when they graduate from BGU, which is great news for you as it means that you can study for a degree knowing that your future is in safe hands. Our employability rates are extremely important to us here at BGU, which is why we offer placement opportunities as an integral part of our courses.

In Sport, we prepare you for a broad range of sport-related jobs in such areas as sports development, adventure education, physical activity and health, sports coaching,

fitness and recreation industry, school sports coordination, armed forces, youth work and postgraduate research. By the end of the course, you will have developed a range of practical and transferable skills that are underpinned by excellent subject knowledge, meaning you will be well-prepared for your chosen future career. In the past our graduates have begun careers as Sports Coaches, Personal Trainers, as Physical Education Teachers (Primary and Secondary), in the field of Youth Work or within Sports Development.



Take a look at
what qualities
and skills you'll
develop as a
BGU student
[bishopg.ac.uk/
graduate-attri
butes](https://bishopg.ac.uk/graduate-attributes)

“

Joining the Rugby Society was such a big turning point in my university journey. It was the best decision I made. Going through university with a group of like-minded friends playing a sport we love made my time at university so much more enjoyable.

Matthew,
Education Studies
and Sport



Why BGU?

Here at BGU we've been providing first-class education to students for over 150 years. We're based in the heart of historic Lincoln, a beautiful and extremely student-friendly city.

Navigating around Lincoln on foot is simple, from the cobbled streets uphill to the modern city centre and waterfront downhill.

We're located uphill on an attractive, leafy campus just a few minutes' walk from Lincoln's medieval Cathedral, Castle and Bailgate area.

With plenty of live entertainment, cultural attractions and nightlife hotspots, there's plenty to keep you entertained, uphill and downhill.

Visit [bishopgates.ac.uk/lincoln](https://www.bishopgates.ac.uk/lincoln) to find out what's on offer in Lincoln.



“

I am hoping to study a PGCE course in Secondary Physical Education. There are plenty of options at BGU to help guide and support me to help plan for the future.”

Annabel

Education Studies and Sport

As a single-site campus, just about everything you need is close by, whether it be your tutors, your friends, your lectures or the places in which you like to relax.

Our students are some of the happiest in the UK, which is incredibly important to us. We really care about our students and aim to support them all of the way through their studies, from application to graduation.

People often say that there's something special about BGU, that the people really care. There's a warm and friendly feel to life here, and we do everything possible to look after our students however we can.

Studying as part of a close-knit community, you'll get to know staff personally and feel confident in being able to approach them for help and

Explore what we have to offer on our campus at bishopg.ac.uk/campus

“

I came here on an Open Day and really loved it. My first impression at the Open Day was that I really liked it because it was smaller – you go to some universities and they are really massive, scary big city campuses, but here I felt really comfortable.”

Hayley
Education Studies



advice. Staff will recognise you - not just by sight but as an individual with unique talents, interests and needs. We'll be there to support you, academically and personally, from the day you start until long after you leave.

Life after BGU is extremely important and we offer many different methods

of support for your future career. This, alongside our talented graduates, is one of the reasons that we consistently achieve impressive employability figures.

This is great news for you as you'll be able to study at BGU knowing that your education is in safe hands!

There's no better way to really get a feel for what BGU has to offer than by coming to visit us. To book your place now visit **bishopg.ac.uk/opensdays**



The family feel is exactly why people should study at BGU. BGU becomes your home regardless of your age or background. In fact, I felt such a connection with the University on my first visit that I went to five Open Days before I started my BA. I wanted to be part of BGU straight away and I know it will stay with me forever.”

Kate

Drama in the Community
& MA in Education

What happens next?

Open Days

So you've found a course you're interested in - what next? We feel very strongly that coming along to visit us on an Open Day is the very best way to find out everything about BGU.

A BGU Open Day is designed with you in mind, to give you a taste of what it's like to live, study and work here. We try to make everything as easy as possible for you, so you can relax and enjoy the day. You'll have the chance to explore the campus and surrounding area,

speak to members of academic staff about the courses you're interested in, look around our accommodation, and get any questions you may have answered.

Book your place on our next Open Day now - visit **www.bishopg.ac.uk/opendays**

If you think you'd like to apply, need more information or just want to speak to somebody about your options, contact our Enquiries team by calling **01522 583658** or emailing **enquiries@bishopg.ac.uk**




Ready to apply? Brilliant. We can't wait to receive your application! For the majority of our courses you will apply through UCAS – visit **www.bishopg.ac.uk** for all the information you will need. And don't worry – if you need help with anything, from UCAS scores to personal statements, we're here to help. Our dedicated team are ready to answer your queries and questions.

The contents of this booklet are correct at the time of going to print (January 2020). For full and up-to-date information on all of our courses, visit **bishopg.ac.uk**

Where are we?



Airports close to BGU

-  Humberside
-  Doncaster
-  Nottingham East Midlands

Where	Road	Rail
Sheffield	55 miles	1hr 20m
Nottingham	39 miles	55m
Leeds	77 miles	2hrs
York	69 miles	1hr 45m
London	144 miles	2hrs

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enquiries@bishopg.ac.uk

“

I'd say the best thing
about BGU for me
is the course. I was
never good at exams
and I hated school
all the way through,
but now I've come to
university I've been
much happier and I've
done better than I ever
thought possible.”

Georgina
Theology

@BGULincoln

